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on Quality of Life
Al Meroz Hotel, Bangkok, Thailand
04-06 Sep 2026**

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AQoL2026

**10th Asia-Pacific International Conference
on Quality of Life**

**Al Meroz Hotel, Bangkok, Thailand
04-06 Sep 2026**

Editor
Mohamed Yusoff Abbas

Foreword

Welcome to the concluding event of the ASLI (Annual Serial Landmark International) Quality of Life (QoL) series for 2026, the 10th Asia-Pacific International Conference on Quality of Life (AQoL2026), held at Al Meroz Hotel, Bangkok, Thailand, from 04–06 September 2026. Organised by the Association of Malaysian Environment-Behaviour Researchers (AMER), the event marked AMER's 55th international conference and was managed by its subsidiary, emAs (AMER Event Management & Services), under emAs Resources.

AQoL2026Bangkok provided a scholarly forum for researchers, academics, spatial practitioners, and institutional representatives to present, discuss, and critically examine research on Quality of Life (QoL) within the multidisciplinary framework of Environment-Behaviour Studies (EBS), with particular attention to issues and contexts relevant to the Asia-Pacific region.

The event facilitated academic exchange through the presentation of research findings, discussion of theoretical and methodological approaches, and exploration of the relationships between people, behaviour, and the physical, social, cultural, technological, and natural environments that shape QoL. Contributions from diverse geographical, disciplinary, and sociocultural contexts, including comparative studies, enriched discussions on the multiple dimensions of QoL and their implications across the region.

The papers included in these proceedings represent selected scholarly contributions to AQoL2026Bangkok. Their publication provides a record of research that may inform further academic inquiry, professional practice, and interdisciplinary dialogue on QoL within the broader EBS framework.

I extend my sincere appreciation to all participants, authors, reviewers, organising committee members, and breakout chairs for their contributions to the event and the preparation of these proceedings. I hope this collection will encourage continued scholarly dialogue, foster research collaboration, and inspire further investigations into QoL across diverse geographical and sociocultural contexts.

Dr. Mohamed Yusoff Abbas

Conference Chair

Association of Malaysian Environment-Behaviour Researchers

Former Professor, Faculty of Built Environment, Universiti Teknologi MARA (UiTM), Shah Alam, Malaysia

04 September 2026

Preface

Volume 11, No. 38 of the Environment-Behaviour Proceedings Journal (E-BPJ) comprises 17 selected papers associated with AQoL2026Bangkok. As the concluding volume in AMER's 2026 ASLI (Annual Serial Landmark International) Quality of Life (QoL) series, this volume places QoL at the centre of its multidisciplinary Environment-Behaviour Studies (EBS) framework.

This volume provides a scholarly record of selected research emerging from the conference. The included papers underwent academic review and, where required, revision before publication. Collectively, the 17 selected papers examine relationships between people, behaviour, and their physical, spatial, social, cultural, technological, and natural environments, with attention to the geographical and sociocultural contexts in which these relationships occur.

The manuscript evaluation process considered each submission's relevance to the conference and publication scope, originality, conceptual clarity, methodological rigour, quality of analysis, and overall scholarly contribution. Authors were invited to respond to reviewers' comments and revise their manuscripts where required. Following review and revision, accepted papers underwent editorial and production checks for completeness, consistency, and compliance with the required publication format. These processes involved coordination among authors, reviewers, conference committees, breakout chairs, and the editorial and production teams.

The 17 selected papers fall within five of the six principal thematic tracks established for the conference:

Track 1: Smart Technology & Digital Behavioral Environments — 3 papers

Track 2: Socio-Economic, Management & Public Policy Environments — 3 papers

Track 3: Built Environment, Spatial Design & Spatial Infrastructure — 5 papers

Track 4: Social, Cultural & Community Interaction Environments — 2 papers

Track 5: Human Development, Spatial Education & Physical Wellbeing — 4 papers

Track 6: Sustainability, Energy & Natural Cognitive Environments — No papers included in this volume

These thematic tracks establish the editorial scope of the conference while accommodating multidisciplinary research on technological change, socio-economic and policy environments, spatial design, social and cultural interaction, human development, wellbeing, sustainability, and environmental concerns. Although no papers from Track 6 are represented in this volume, the six-track framework reflects the wider disciplinary scope of the conference. Collectively, the published papers demonstrate the breadth of EBS and its relevance to interconnected issues across the Asia-Pacific region and beyond.

Submissions that fell outside the defined thematic and disciplinary scope were not included in the volume. All 17 manuscripts published herein underwent the conference's pre-conference manual double-blind peer-review process, administered through secure institutional email networks. Following peer review and any required revisions, the manuscripts underwent Turnitin similarity screening, with a reported similarity index of 15% or below, before final publication on 18 June 2026.

Editorially, Volume 11, No. 38 extends the geographical and conceptual orientation established in Volume 11, No. 35, from an Asia-focused perspective towards a broader Asia-Pacific and trans-regional outlook. This positioning encourages consideration of environment-behaviour relationships across diverse geographical, institutional, and sociocultural contexts without restricting inquiry to a single region.

The papers in this volume are intended to support further investigation, comparative research, interdisciplinary discussion, and the development of subsequent journal manuscripts and other scholarly outputs. By making selected conference research available beyond the event itself, this volume contributes to the continuing exchange of knowledge and the wider development of QoL research within the broader EBS framework.

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The Association of Malaysian Environment-Behaviour Researchers (AMER), as the organiser of AQoL2026Bangkok, gratefully acknowledges the dedication and contributions of the International Organising Committee, International Breakout Chairs, International Scientific Committee, and Journal Editorial Team. AMER also extends its sincere appreciation to all abstract and full-paper contributors, reviewers, and conference participants for their scholarly engagement, commitment, and support in making the conference and its associated publications possible.

About the conference

Historical Background

Asia is the world's largest and most populous continent, with considerable geographical, cultural, socioeconomic, and environmental diversity. The well-being and Quality of Life (QoL) of its populations present important areas for multidisciplinary research, particularly within Environment-Behaviour Studies (EBS) and Environmental Psychology. Against this background, the Association of Behavioural Researchers on Asians (ABRA) was established to promote international research collaboration concerning the well-being of Asian communities.

ABRA was formally established on 20 October 2014, with seven founding member countries: Egypt, Iran, India, Indonesia, Malaysia, Taiwan, and Turkey. On 26 June 2020, its name was expanded to the Association of Behavioural Researchers on Asians/Africans/Arabians, reflecting a broader geographical orientation and the inclusion of Morocco, Nigeria, and Saudi Arabia. The Association of Malaysian Environment-Behaviour Researchers (AMER), also known as ABRAmalaysia, was based in Shah Alam, Malaysia, and served as the permanent secretariat for ABRAworldwide.

To mark the establishment of ABRAworldwide, the inaugural AQoL2014 (ABRA International Conference on Quality of Life) was held in Istanbul, Turkey, from 26–28 December 2014. The first ABRAworldwide Board Meeting was convened in conjunction with the conference. AQoL subsequently developed alongside the more established AicQoL (AMER International Conference on Quality of Life), creating a complementary conference arrangement. AQoL events held outside the ASEAN region, with Malaysia treated as an exception, were conceived as sister conferences to AicQoL events held in ASEAN countries. Together, the two conference series formed the ASLI (Annual Serial Landmark International) Conferences on Quality of Life.

ABRA was deregistered in March 2023 following difficulties in conducting its Annual General Meetings during 2015–2019. Financial and logistical constraints, including the costs of international travel for members to attend meetings in person, contributed to these difficulties. The subsequent development of AQoL therefore took place within AMER's continuing conference programme and institutional framework.

AQoL's Development under AMER and emAs

Commencing in 2023, AQoL was renamed the Asia-Pacific International Conference on Quality of Life, reflecting its broader regional and international orientation. The conference series continues to provide a scholarly platform for examining QoL through the multidisciplinary perspectives of Environment-Behaviour Studies and Environmental Psychology. Conference management is undertaken by emAs (AMER Event Management & Services) under emAs Resources.

AQoL Conference Series, 2014–2026

The conferences in the AQoL series are listed chronologically below:

AQoL2014Istanbul — Istanbul, Turkey, 26–28 December 2014.
AQoL2015Izmir — Izmir, Turkey, 09–13 December 2015.
AQoL2017Kuching — Kuching, Malaysia, 14–16 October 2017.
AQoL2018Istanbul — Istanbul, Turkey, 03–06 November 2018.
AQoL2021LangkawiIsland — Langkawi Island, Malaysia, 15–16 December 2021.
AQoL2022Putrajaya — Putrajaya, Malaysia, 21–22 November 2022.
AQoL2023Bali — Bali, Indonesia, 30 September–02 October 2023.
AQoL2024Izmir — Izmir, Türkiye, 22–24 May 2024.
AQoL2025Cherating — Cherating, Malaysia, 17–18 October 2025.
AQoL2026Bangkok — Bangkok, Thailand, 04–06 September 2026.
AQoL2026Bangkok

The 10th Asia-Pacific International Conference on Quality of Life, AQoL2026Bangkok, continues this international conference series by bringing together researchers, academics, and practitioners to examine QoL through Environment-Behaviour Studies and Environmental Psychology. With attention to diverse geographical, institutional, and sociocultural contexts across the Asia-Pacific region and beyond, the conference encourages multidisciplinary inquiry, comparative research, and scholarly exchange.

The associated proceedings present selected scholarly contributions to this continuing dialogue. By disseminating conference research beyond the event itself, AQoL2026Bangkok contributes to the development of QoL scholarship within the broader EBS framework.

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Designing for the Feed: How social media shapes environmental aesthetics and urban Quality of Life Nacherree Kanthong ¹ , Vachira Sangrutsamee ¹ , Nam Nguyen-Dinh ² <i>1 Faculty of Architecture, Rajamangala University of Technology Thanyaburi, Thailand, 2 Department of Architecture, Faculty of Civil Engineering, Ton Duc Thang University, Ho Chi Minh City, Viet Nam.</i> nacherree_k@rmutt.ac.th, vachira_s@rmutt.ac.th, nguyendinhnam@tdtu.edu.vn	11-17
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